



# 40<sup>th</sup> ISSPCON HYDERABAD 2026

40<sup>th</sup> Annual National Conference of Indian Society for Study of Pain

# ISSPCON 2026

Theme: "Emerging Trends in Pain Medicine"

Date: 5<sup>th</sup> - 8<sup>th</sup> February 2026

Venue: The PARK, Somajiguda

Jointly Organized by

SSP (Telangana Chapter) and ISSP (Andhra Pradesh Chapter)

Hosted by

SSP (Telangana Chapter)



# SCIENTIFIC PROGRAMME

Our Website  
[www.isspcon2026.com](http://www.isspcon2026.com)

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# SCIENTIFIC PROGRAMME

5<sup>th</sup> Feb, Thursday

## PRE-CONFERENCE WORKSHOP

Venue: KIMS Hospital, Minister Road, Secunderabad

### Workshop-1

#### Joints Scanning For Pain Physicians

Hands on Ultrasound Workshop MIPSIs

##### Shoulder Joint

- Dr Vineetha G Gopal
- Dr Neha Kanojia
- Dr Rekha Kone

##### Elbow & Wrist Joint

- Dr Kanchan Sharma
- Dr Sonal Goyal
- Dr Dheeraj Kumar S

##### Hip Joint & Pelvis

- Dr Varun Singla
- Dr Nazeer Ahmed Kudligi
- Dr Pallavi Dasyam
- Dr Chaitanya p

##### Knee Joint

- Dr Pratibha Matche
- Dr Satish Kumar MN
- Dr Akhya Kumar Kar
- Dr Anusha Karumuri

##### Foot & Ankle Joint

- Dr Babita Ghai
- Dr Smruti Rekha Hota
- Dr Dilesh Kadapamannil
- Dr Ershad Sohail

##### Free USG Scan Station Faculty / Facilitators

- Dr Amarnath Reddy B , Dr Dheeraj , Dr Bhagyashree, Dr Syed Shakeela

### Workshop-2

#### Musculo-Skeletal Scanning For Pain Physicians

Hands on Ultrasound Workshop MIPSIs

##### Sympathetic MIPSIs MSK

- Dr G K Kumar
- Dr Unnikrishnan
- Dr Meera A N

##### Head & Neck MSK

- Dr Ken Yi Lui
- Dr Shalina Chandran
- Dr Murali Krishna Chava

##### Cervical Spine MSK

- Dr Dhruv Bibra
- Dr Ravi Shankar Sharma
- Dr Sushpa Das
- Dr Uma Pradeepa L

##### Thoracic & Chest Wall MSK

- Dr Chinmoy Roy
- Dr Subramanian
- Dr Poonam Rani
- Dr S Lavakumar Reddy

##### Lumbar Spine & Pelvis MSK

- Dr Debjyothi Dutta
- Dr Ashwini GS
- Dr Shahedha Parveen

**Workshop Chairperson - Dr Amarnath Reddy**  
**Workshop Co-ordinator - Dr Nagalakshmi Patnala**



# PRE-CONFERENCE WORKSHOP

Venue: Mamata Academy of Medical Sciences Hospital, Bachupally, Hyderabad

## Workshop-3

### Basic & Advanced MIPSIs For Pain Physicians Hands on Fluroscopic Cadaveric Workshop

#### Gasserian Ganglion, SPG, Stellate MIPSIs

- Dr Ashu Jain
- Dr Ninadini Shrestha
- Dr Reena Jindal
- Dr Anish W

#### Cervical Spine MIPSIs

- Dr Neeraj Jain
- Dr Swati Bhat
- Dr Archana Deshpande
- Dr Randheer

#### Sympathetic MIPSIs

- Dr Sadashivan S Iyer
- Dr Akanksha Bansal
- Dr KVD Praveen
- Dr Sampath Reddy

#### Lumbar -Sacral Spine MIPSIs

- Dr Nana Morkane
- Dr Basabjit Das
- Dr Samir Basak
- Dr Srikanth Batchu
- Dr Sneha Santhi

## Workshop-4

### Percutaneous Spine Endoscopic MIPSIs ( Minimally Invasive Pain & Spine Interventions) for Pain Physicians Hands on Fluroscopic Cadaveric Workshop

#### Lead Faculty

Prof. Dr. Anurag Agarwal Dr. Pankaj Surange Dr. Sidhartha Verma Dr. Sushil Jaiswal Dr. Madhujeet Dr. Shiraj Munshi Dr. Pravesh Kanthed  
Dr. Pavan Kumar Bichal Dr. Anshul Agrawal Dr. Lavkush Pandey

#### Resource Faculty

**Dr. Brihaspati Tiwari**, Lucknow  
**Dr. Shubhendu Singh**, Gorakhpur  
**Dr. Sowjanya Kommuri**, Vizag

**Dr. Soveer Dhakad**, Mandasaur  
**Dr. Shrutika Bhagat**, Patna

**Dr. Deepika Malatkar**, Hyderabad  
**Dr. Baibhav Bhandari**, Bareilly

**Dr Madhukar Goud**  
Workshop Chairperson

**Dr Sampath Kumar**  
Workshop Co-ordinator

**Dr Ramesh Gajula**  
Workshop Co-ordinator



# SCIENTIFIC PROGRAMME

6<sup>th</sup> Feb, Friday

Hall A

**Flag Hoisting & Opening Ceremony | Time: 8.00 - 08.30 am**

By Dr Krishna Poddar (President, ISSP National), ISSP GC Members, ISSPCON 2026 Org Team, All Delegates

**Session 1 - Panel Discussion | Time: 8.30 - 10.00 am**

## Neuropathic Pain

Pathophysiology, Clinical Assessments & Treatment strategies for patients with Neuropathic Pain. Newer Thoughts of Managing Neuropathic Pain in Today's Clinical Practice

### Moderator



Dr Varsha Kurhade

### Panelists



Dr Krishna Poddar



Dr Subhash Kaul



Dr Sanjay Khanna



Dr Sweta Salgaonkar



Dr Madhuri Lokapur



Dr Nanda Kishore

**Tea/Coffee Break | Time: 10.00 - 10.20 am**

**Session 2 | Time: 10.20 - 11.30 am**

**Nociplastic pain, Therapeutic MIPSIs, Nutraceuticals & Research in Pain Management**

**Chairpersons : Dr Santosh Tripathi, Dr Shalina Chandran, Dr Anish Waghray, Dr Anmol M**



Dr Chinmoy Roy

**Topic:** The Concept of Nociplastic pain— Where to from here?

**Time :** 10.20 - 10.35 am



Dr Kanchan Sharma

**Topic:** Advancing Ultrasound Scanning: Integrating Structural Analogies for Improved Interpretation

**Time :** 10.35 - 10.50 am



Dr Prateek Arora

**Topic:** Nutraceuticals - Benefactor for Neuropathic Pain & Fibromyalgia

**Time :** 10.50 - 11.05 am



Dr Gaurav Sharma

**Topic:** Clinical Pain Management: Current Practice and Recent Innovations in Research

**Time :** 11.05 - 11.20 am

**Q&A 10 Mins**

**Session 3 | Time: 11.30 - 1.15 pm**

**Bone & Spine - Pathology & Treatment**

**Chairpersons : Dr. Muralidhar Joshi, Dr Pradeep Jain, Dr Sanjay Khanna**



Dr Sunita Lawange

**Topic:** Overview of Spondyloarthropathies

**Time :** 11.30 - 11.45 am



Dr Vivek Chakole

**Topic:** Recent Advances in the Pathogenesis and Treatment of Osteoporosis

**Time :** 11.45 - 12.00 pm



Dr Rohit Lahori

**Topic:** Lumbar Vertebral Fractures - Vertebroplasty & Kyphoplasty (Video Presentation)

**Time :** 12.00 - 12.15 pm



Dr Mahendra Sanapati

**Topic:** Mechanics of Spinal Disease Pain : Spinal Stenosis, Spondylolisthesis, Degenerative disc disease.

**Time :** 12.15 - 12.30 pm



Dr Srinivas N

**Topic:** Unmet Needs for the Treatment of Lumbo-Sacral Radiculopathy

**Time :** 12.30 - 12.45 pm



Dr Dmitri Lissin

**Topic:** Treatment of Lumbo-Sacral Radiculopathy using a new formulation of Dexamethasone with prolonged exposure at the nerve root: Clinical trial experience from a large multi-center study

**Time :** 12.45 - 1.00 pm

**Q&A 15 Mins**

**Lunch Break Time: 1.15 - 2.00 pm**



# SCIENTIFIC PROGRAMME

6<sup>th</sup> Feb, Friday

Hall A

## Session 4 | Time: 2.00 - 3.30 pm

### Myofascial Pain Syndromes & Thoracic Region Pain

**Chairpersons** : Dr Sunny Bhasin, Dr Ram Mohan, Dr. Dilesh Kadapamannil, Dr Seeetha Ram



**Dr Nana Morkane**  
**Topic:** Interface between Chronic Fatigue Syndrome & Depression  
**Time :** 2.00 - 2.15 pm



**Dr Shovan Rath**  
**Topic:** Myofascial Pain Syndromes & Treatment  
**Time :** 2.15 - 2.30 pm



**Dr Lakshmi Vas**  
**Topic:** Clinical Effectiveness of Dry Needling in Pts with Myofascial Pain Syndromes  
**Time :** 2.30 - 2.45 pm



**Dr Ashok Saxena**  
**Topic:** Postherpetic Neuralgia: From Pathophysiology to Treatment  
**Time :** 2.45 - 3.00 pm



**Dr Chandrashekhar Cham**  
**Topic:** Thoracic Outlet Syndrome – Current Concepts in Clinical Features and Diagnosis  
**Time :** 3.00 - 3.15 pm

**Q&A 15 Mins**

## Tea/Coffee Break | Time: 3.30 - 3.45 pm

## Session 5 | Time: 3.45 - 5.15 pm

### Cancer Pain & Palliative Care

**Chairpersons** : Dr R Gehdoo, Dr Ravinder Bethi, Dr Sheetal Shah, Dr Chandan Motwani



**Dr Sarita Singh**  
**Topic:** Pharmacological Options for the Management of Refractory Cancer Pain  
**Time :** 3.45 - 4.00 pm



**Dr Madhuri Lokapur**  
**Topic:** Recent Trends in the Management of Cancer Pain  
**Time :** 4.00 - 4.15 pm



**Dr Vinita Singh**  
**Topic:** Palliative Treatment of Intractable Cancer Pain  
**Time :** 4.15 - 4.30 pm



**Dr Ashwin.K**  
**Topic:** Chronic Pain Syndromes Associated with Cancer Treatments  
**Time :** 4.30 - 4.45 pm



**Dr Anjali Kolhe**  
**Topic:** Chronic Pelvic Pain & Superior Hypogastric Plexus Neurolysis(MIPSI's)  
**Time :** 4.45 - 5.00 pm

**Q&A 15 Mins**

## Inauguration | Time: 6.00 - 7.00 pm

## Convocation | Time : 7.00 - 8.00 pm



# SCIENTIFIC PROGRAMME

6<sup>th</sup> Feb, Friday

Hall B

## Session 1: Plenary Session at Hall A

Time: 8.30 - 10.00 am

Tea/Coffee Break I Time: 10.00 - 10.20 am

## Session 2 | Time: 10.20 - 11.30 am

### Musculo-Skeletal Disorders & Tendinopathy

Chairpersons : Dr Sushill Tippannavarr, Dr Vivek K Deshmukh, Dr Dheeraj kumar, Dr K Karthika Reddy



**Dr Santosh Sharma**  
Topic: Applied Anatomy of Shoulder & An Algorithm Approach of Shoulder Pain & Evidence Based Treatment  
Time : 10.20 - 10.35 am



**Dr Swati Bhat**  
Topic: Applied Anatomy of Knee & An Algorithmic Approach to Understanding Knee Pain & Evidence Based Treatment  
Time : 10.35 - 10.50 am



**Dr G K Kumar**  
Topic: Current Denervation Techniques for Chronic Hip Pain: Anatomical and Technical Considerations  
Time : 10.50 - 11.05 am



**Dr Karthic Babu N**  
Topic: Current Understanding of the Diagnosis and Management of Tendinopathy: An Update from the Lab to the Clinical Practice  
Time : 11.05 - 11.20 am

**Q&A 10 Mins**

## Session 3 | Time: 11.30 - 1.15 pm

### Regional Pain - Head, Cervical Region Pain & Upper Limb

Chairpersons : Dr (Major) M V Bhimeshwar, Dr Lavakumar Ande, Dr Bindu Singh Parihar, Dr Nidhi Panda



**Dr Praveen Kumar**  
Topic: New Trends in Headache & Migraine Treatments  
Time : 11.30 - 11.45 am



**Dr Amit Dua**  
Topic: Treatment Options for Post-Traumatic Headache: A Current Review of the Literature  
Time : 11.45 - 12.00 pm



**Dr Jitendra Jain**  
Topic: Clinical Anatomy & Pain Generators in Cervical Spine for Pain Interventionist  
Time : 12.00 - 12.15 pm



**Dr Kailash Kothari**  
Topic: Cervical Radicular Pain: The Role of Interlaminar and Transforaminal Epidural MIPSIs  
Time : 12.15 - 12.30 pm



**Dr Ninadini Shresta**  
Topic: Cervical Facet MIPSIs in the Management of Cervicogenic Headaches  
Time : 12.30 - 12.45 pm



**Dr Kiran Vyawahare**  
Topic: Trigeminal Post-herpetic Neuralgia: From Pathophysiology to Treatment  
Time : 12.45 - 1.00 pm

**Q&A 15 Mins**

Lunch Break I Time: 1.15 - 2.00 pm

## Session 4 | Time: 2.00 - 3.30 pm

### Pharmacology & Pain Medicine

Chairpersons : Dr Surbhi Bhagat, Dr Sneha Shanti, Dr Ledalla Sudhakar, Dr. Bhupendra Singh



**Dr Pratibha Matche**  
Topic: Fibromyalgia: Can I tackle you with Pharmacological Treatments?  
Time : 2.00 - 2.15 pm



**Dr Ekta Gupta**  
Topic: Use of Cannabinoids in Pain Medicine  
Time : 2.15 - 2.30 pm



**Dr Dhruv Bibra**  
Topic: Therapeutic Use of Botulinum Toxin in Pain Treatment  
Time : 2.30 - 2.45 pm



**Dr Nethra HN**  
Topic: Guidelines for Use of Corticosteroids for Adult Chronic Pain MIPSIs  
Time : 2.45 - 3.00 pm



**Dr Jay M Panchal**  
Topic: Ketamine, Medical Marijuana & Low Dose Naltrexone: New Options for Old Drugs  
Time : 3.00 - 3.15 pm

**Q&A 15 Mins**

Tea & Coffee Break I Time: 3.30 - 3.45 pm



# SCIENTIFIC PROGRAMME

6<sup>th</sup> Feb, Friday

Hall B

Session 5 | Time: 3.45 - 5.15 pm

Complications, Devices & Interventions MIPSIs

Chairpersons :Dr Ayya Syama Sundar, Dr Akhil Bhalla, Dr Neharika Barik, Dr Nazeer Ahmed Kudligi



Dr Jitender Kaur

Topic: Pharmacological Complications in Pain Practice  
Time : 3:45 - 4.00 pm



Dr Palak Mehta

Topic: Complications, Outcome & Future Scopes In the Management of Trigeminal Neuralgia MIPSIs  
Time : 4.00 - 4.15 pm



Dr Rampal Singh  
Topic: Intrathecal Therapy for Chronic Pain: Current Trends and Future Needs  
Time : 4.15 - 4.30 pm



Dr Uttam Sidhaye

Topic: Complications of Interventional Pain Medicine: Prevention & Management  
Time : 4.30 - 4.45 pm



Dr Anil K Paswan

Topic: Complications and Management due to Percutaneous Spine Endoscopic MIPSIs  
Time : 4.45 - 5.00 pm

Q&A 15 Mins

Inauguration & Convocation at Hall A | Time: 6.00 – 8.00 pm

# SCIENTIFIC PROGRAMME

6<sup>th</sup> Feb, Friday

Hall C

Session 1: Plenary Session at Hall A | Time: 8.30 - 10.00 am

Tea/Coffee Break | Time: 10.00 - 10.20 am

Session 2 | Time: 10.20 - 11.30 am

Basic Sciences

Chairpersons :Dr. Priyanka Rai, Dr.Mohan Bhaskar Rao Lingamallu, Dr Ershad Sohail, Dr Deepika Malakar



Dr Ashiq

Topic: Nociceptors: Their Role in Body's Defenses, Tissue Specific Variations and Anatomical Update  
Time : 10.20 - 10.35 am



Dr Priyanka Dev

Topic: Diagnostic Evaluation of Chronic Pain Patient  
Time : 10.35 - 10.50 am



Dr Sushpa Das

Topic: Pain Scales: What Are They and What Do They Mean  
Time : 10.50 - 11.05 am



Lt Col ( Dr) GAURAV PUROHIT

Topic: The Pharmacological Treatment of Chronic Pain: From Guidelines to Daily Clinical Practice  
Time : 11.05 - 11.20 am

Q&A 10 Mins

Session 3

Regional Pain: Head, Oro-Facial Pain | Time: 11:30 am - 1:15 pm

Chairpersons :Dr Bablesh Mahawar,Dr Archana Nankar, Dr Ajit Kumar, Dr.Ruchika Sood



Dr Rajesh Mahajan

Topic: Management of Pain in Patients with Temporo-Mandibular Disorder (TMD): Challenges and Solutions  
Time : 11:30 - 11:45 am



Dr Jayesh Thakrar

Topic: Botox and Myofascial Pain Syndrome  
Time : 11:45 - 12:00 pm



Dr Sukhdeo S Gupta

Topic: Atypical Facial Pain – Diagnosis & Management  
Time : 12:00 - 12:15 pm



Dr Raghavendra Ramanjulu

Topic: A Comprehensive Treatment Approaches for Headache and Neck Pain  
Time : 12:15 - 12:30 pm



Dr (Maj) Varun Bajaj

Topic: Glossopharyngeal Neuralgia - Diagnosis & Management  
Time : 12:30 - 12:45 pm



Dr Aanchal Sharma

Topic: Role of Sphenopalatine Ganglion MIPSIs in the Management of Chronic Headaches  
Time : 12:45 - 1:00 pm

Q&A 15 Mins



# SCIENTIFIC PROGRAMME

6<sup>th</sup> Feb, Friday Hall C

Lunch Break I 1:15 - 2:00 pm

## Session 4 | Time: 2:00 - 3:30 pm

### Medicolegal, Safety & Psychology

Chairpersons :Dr Joyshankar Jana, Dr Chandra Shekhar Singh,Dr Dinesh Kumar Sahu,Dr Meera A N



**Dr Avinash Bundiwal**

**Topic:** Implication of PCPNDT in Pain Management - Legal Perspective  
**Time :** 2:00 - 2:15 pm



**Dr. Shiwam Kumar Gupta**

**Topic:** The Bio-Psycho-Social model of the Assessment, Prevention, & Treatment of Chronic Pain  
**Time :** 2:15 - 2:30 pm



**Dr Kritika Doshi**

**Topic:** The Integrative Approach To Chronic Pain Management  
**Time :** 2:30 - 2:45 pm



**Dr Varun Singla**

**Topic:** Radiation Hazards & Safety Measures in Pain Medicine Practice  
**Time :** 2:45 - 3:00 pm



**Dr Ravi Kerur**

**Topic:** Neuro - Linguistic Programming in Pain Management  
**Time :** 3:00 - 3:15 pm

**Q&A 15 Mins**

Tea/Coffee Break I 3:30 - 3:45 pm

## Session 5 | Time: 3:45 - 5:15 pm

### Examination/Diagnostic Tools/Fascial Plane MIPSIs

Chairpersons :Dr Himanshu, Dr Manoj, Dr Mausumi Sen, Dr Anjali Kumari



**Dr Jayasudha**

**Topic:** Role of Transdermal Patches in Pain Medicine  
**Time :** 3:45 - 4:00 pm



**Dr Asha Satish B**

**Topic:** Fascial Plane MIPSIs In Pain Medicine  
**Time :** 4:00 - 4:15 pm



**Dr Hemant Kshirsagar**

**Topic:** How to Read MRI - Cervical & Lumbar Spine  
**Time :** 4:15 - 4:30 pm



**Dr Baibhav Bhandari**

**Topic:** Fluoro-anatomy of Cervical Spine & Cervical Epidural: My Perspective  
**Time :** 4:30 - 4:45 pm



**Dr Chitaranjan Das**

**Topic:** Biomechanics & CAM in Pain Medicine  
**Time :** 4:45 - 5:00 pm

**Q&A 15 Mins**

Inauguration & Convocation at Hall A | Time: 6.00 - 8.00 pm



# SCIENTIFIC PROGRAMME

7<sup>th</sup> Feb, Saturday

Hall A

## Session 1- Oration by Dr. Pradeep Jain

Time: 9:00 - 09:30 am

### Oration

Lessons-Beyond the Needles - Sculpting a Pain Physician from an Anaesthesiologist

Oration by



Prof Dr Pradeep Jain

Chairpersons



Dr Krishna Poddar  
President ISSP



Dr Anurag Agarwal  
Secretary ISSP

## Presidential Key Note Address by Dr. Krishna Poddar

Time : 9:30 - 10:00 am

Key Note Address by



Dr Krishna Poddar  
President ISSP

Chairpersons



Dr Umamaheshwara Rao W  
Organising Chairman



Dr Nagalaxmi Patnala  
Organising Secretary

Tea/Coffee Break | Time:10:00 - 10:20 am

## Session 2: Panel Discussion | Time:10:20 - 10:55 am

Challenges and Opportunities for Aspiring Pain Practitioners in India

Moderator



Dr Anurag Agarwal

Panelists



Dr Devendra Singh



Dr Shubhendu Singh



Dr P K Nishad



Dr Manjiri Ranade

## Session 3: Panel Discussion | Time:10:55 - 11:30 am

Business of Pain Medicine- How to use Insurance/ TPA etc as a Pain Physicians and reimbursements!

Moderator



Dr Pankaj Surange

Panelists



Dr Ashu Jain



Dr Hitesh Patel



Dr Anshul Agarwal



Dr Roopesh Jain



Dr Preeti Doshi



Dr Sunny Malik



# SCIENTIFIC PROGRAMME

7<sup>th</sup> Feb, Saturday

Hall A

## Session 4 | Time: 11:30 - 01:00 pm

### Advanced Pain MIPSIs - Spine Pain - What's interesting ?

Chairpersons : Dr Ramesh Gajula, Dr Pavan Kumar Bichal, Dr Madhujeet Gupta , Dr Anusha Karumuri



**Dr Pravesh Kanthed**  
**Topic:** Identifying Pain Generators and Practical Approach to Transforaminal Endoscopic Discectomy  
**Time :** 11:30 - 11:45 am



**Dr Saidileep Viswanadha**  
**Topic:** Interlaminar Endoscopic Discectomy with outlook on PSLD  
**Time :** 11:45 - 12:00 pm



**Dr Sidharth Verma**  
**Topic:** Transforaminal Endoscopic Discectomy (Inside Out approach) & (Outside In approach)- Decision Making  
**Time :** 12:00 - 12:15 pm



**Dr Kiran Jayswal**  
**Topic:** Learning curve from Pain MIPSIs to Endoscopic Spine MIPSIs  
**Time :** 12:15 - 12:30 pm



**Dr Sushil Kumar Jaiswal**  
**Topic:** Cervical Endoscopic Discectomy  
**Time :** 12:30 - 12:45 pm

**Q&A 15 Mins**

## Lunch Break | Time: 1:00 - 2:00 pm

## Session 5 | Time: 2:00 - 3:30 pm

### Advanced MIPSIs : Neuromodulation / Recent Advances

Chairpersons : Dr Jyeshthraraj Patangankar, Dr Kailash Waghmare, Dr Debanjali Ray, Dr Vijay Bhaskar Bandikatla



**Dr Preeti Doshi**  
**Topic:** Role of Neurostimulation Therapies in Chronic Pain - where are we ?!  
**Time :** 2:00 - 2:15 pm



**Dr Rajkumar Arora**  
**Topic:** New updates on Transcranial Magnetic Stimulation in Chronic Pain  
**Time :** 2:15 - 2:30 pm



**Dr Ram Pasupaleti**  
**Topic:** Complications of Spinal Cord Stimulator Trails and Implants -A Review  
**Time :** 2:30 - 2:45 pm



**Dr R Gehdoo**  
**Topic:** Intrathecal & Epidural Neurolytic MIPSIs for Cancer Pain  
**Time :** 2:45 - 3:00 pm



**Dr Basabjit Das**  
**Topic:** Artificial Intelligence and Pain Medicine  
**Time :** 3:00 - 3:15 pm

**Q&A 15 Mins**

## Tea/Coffee Break | Time: 3:30 - 3:45 pm

## Session 6 | Time: 3:45 - 5:10 pm

### How I Do It? (Videos - Ultrasound-Guided MIPSIs)

Chairpersons : Dr Manas Manohar, Dr Amarnath Reddy, Dr Sachin Kumar, Dr Dasyam Pallavi



**Dr Gautam Das**  
**Topic:** Occipital Neuralgia: Sono-Anatomy and Sono-Pathology of the Occipital Nerves  
**Time :** 3:45 - 4:00 pm



**Dr Madan Pandian**  
**Topic:** Hydro-dilatation for Frozen Shoulder & Barbotage for Calcific Tendinosis with Evidence-based practices  
**Time :** 4:00 - 4:15 pm



**Dr Babita Ghai**  
**Topic:** Meralgia paraesthetica & Cluneal Nerve Entrapment  
**Time :** 4:15 - 4:30 pm



**Dr Rajendra Sahoo**  
**Topic:** Piriformis Syndrome & Pudendal Neuralgia - Diagnosis & Treatment  
**Time :** 4:30 - 4:45 pm



**Dr Vanmathy V**  
**Topic:** Ultrasound-Guided Nerve Hydro-Dissection for Pain Management  
**Time :** 4:45 - 5:00 pm

**Q&A 10 Mins**

## General Body Meeting (GBM) | Time: 5:10 - 7:00 pm

## Banquet | Time: 7:00 pm Onwards



# SCIENTIFIC PROGRAMME

7<sup>th</sup> Feb, Saturday

Hall B

**Session 1 | Time: 8.00 - 8.50 am**

**Simulation ( Soft Skills) In Pain Management**

**Simulation-Based Training (Soft Skills ) in Pain Management: Enhancing Patient Safety and Outcomes By Dr Sweta Salgaonkar & Team**

**Oration by Dr. Pradeep Jain | Time: 9:00 - 09:30 am in Hall A**

**Presidential Key Note Address by Dr. Krishna Poddar 9:30 - 10:00 am in Hall A**

**Tea/Coffee Break | Time : 10:00 - 10:20 am**

**Session 2 | Time: 10:20 - 11:30 am**

**Pain Management & Regenerative therapy**

**Chairpersons :Dr Naveen Malhotra, Dr Mahesh Menon, Dr Randheer, Dr Sampath Kumar Reddy, Dr Radhika Pathak**



**Dr Pratik M Shah**

**Topic:** Principles & Mechanism of Action of PRP, BMAC MSC.

**Time : 10:20 - 10:35 am**



**Dr Anamika Yadav**

**Topic:** PRP in Tendinopathy: Exploring the Different Types of Regenerative Therapy and Their Benefits

**Time : 10:35 - 10:50 am**



**Dr Namrata Dabas**

**Topic:** Use of Mesenchymal Cell Therapy in Chronic Pain Medicine

**Time : 10:50 - 11:05 am**



**Dr Ken-Yi Lui**

**Topic:** Emerging Concepts and Scientific Evidence: Regenerative Medicine and Applications in IPM

**Time : 11:05 - 11:20 am**

**Q&A 10 Mins**

**Session 3 | Time: 11:30 - 1:00 pm**

**Lumbar- Sacral Region Pain Disorders**

**Chairpersons :Dr Kameswar Rao, Dr Ravindra Harne, Dr Ritu Pauranik, Dr Mohan Erva**



**Dr Sweety Purushotham Nallakandy**

**Topic:** Clinical anatomy of the Lumbar Spine & Mechanics of Pain in Lumbar Facet Joint for Pain Interventionist

**Time: 11.30 - 11.45 am**



**Dr Anuj Jain**

**Topic:** Radiofrequency Intra-Discal Biacuplasty for Treatment of Discogenic Lower Back Pain

**Time: 11.45 - 12.00 pm**



**Dr Neeraj Jain**

**Topic:** Ablative targets for Anterior Column Low Back Ache: Vertebral and Intra discal targets.

**Time: 12.00- 12.15 pm**



**Dr Debjyoti Dutta**

**Topic:** Evidence Based Algorithmic Approach to Chronic Spinal Pain

**Time: 12:15 - 12:30 pm**



**Dr Vanita Ahuja**

**Topic:** Sacroiliac Dysfunction: Evaluating the Patient with Sacroiliac Joint Pain & MIPSJ

**Time: 12:30 - 12:45 pm**

**Q&A 15 Mins**

**Lunch Break | Time: 1:00 - 2:00 pm**



# SCIENTIFIC PROGRAMME

7<sup>th</sup> Feb, Saturday

Hall B

## Session 4 | Time: 2:00 - 3:30 pm

Tips & Tricks of Using CT/FLUORO /Ultrasound-Guided Procedures MIPSIs ( Videos ppt)

Chairpersons :Dr Samir Basak, Dr Subrata Ray, Dr Pabitra Ghoshal, Dr Neha Kanojia



**Dr Senthilkumar Raju**  
Topic: Ultrasound-Guided Cervical Zygapophyseal (Facet) Intra-Articular,TON MIPSIs  
Time: 2:00 - 2:15 pm



**Dr Ravi Kalathur**  
Topic: Ultrasound-Guided Cervical Sympathetic MIPSIs & C - arm Guided T2 - T3 Sympathectomy  
Time: 2:15 - 2:30 pm



**Dr Anand Murgesan**  
Topic: Ultrasound-Guided Intra-articular Hip MIPSIs  
Time: 2:30 - 2:45 pm



**Dr Surbhi Bhagat**  
Topic: Ultrasound-Guided Knee MIPSIs  
Time: 2:45 - 3:00 pm



**Dr Rachana Verma**  
Topic: Lumbar Sympathetic & Ganglion Impar MIPSIs /RFA  
Time: 3:00 - 3:15 pm

**Q&A 15 Mins**

## Tea/Coffee Break | Time: 3:30 - 3:45 pm

## Session 5 : Panel Discussion | Time: 3:45 - 4:20 pm

### Radio-Frequency Ablation

Moderator



Dr KVD Praveen

Panelists



Dr Shovan Rath



Dr Rohit Gulati



Dr Vishal Gunjal



Dr Bangar Kashinath

## Session 6 | Time: 4:20 - 5:10 pm

### Pro & Con Session

Chairpersons :Dr Sandeep Vijayrao Puppalar, Dr Amit Dua, Dr Feroz Khan N, Dr Kannan Bojaraaj



**Dr Sadasivan Iyer**  
Topic: Percutaneous Balloon Compression  
Time : 4:20 - 4:30 pm



**Dr Sri Ganesh Kamat**  
Topic: Percutaneous Radiofrequency Ablation  
Time : 4:30 - 4:40 pm



**Dr Shivani Rastogi**  
Topic: Radiofrequency Ablation Thoracic Splanchnic Nerves  
Time : 4:40 - 4:50 pm



**Dr Jaya Batra**  
Topic: Chemical Neurolysis of Thoracic Splanchnic Nerves  
Time : 4:50 - 5:00 pm

**Q&A 10 Mins**

General Body Meeting (GBM) | Time: 5:10 - 7:00 pm in Hall A

Banquet | Time:7:00 pm Onwards



# SCIENTIFIC PROGRAMME

7<sup>th</sup> Feb, Saturday

Hall C

Oration by Dr. Pradeep Jain Time: 9:00 - 09:30 am in Hall A

Presidential Key Note Address by Dr. Krishna Poddar 9:30 - 10:00 am in Hall A

Tea/Coffee Break I Time : 10:00 - 10:20 am

## Session 2 I Time 10:20 - 11:30 am

### Pain Management in Special Populations

Chairpersons : Dr Bibhukalyani Das, Dr Umapradeepa, Dr Kalpana K, Dr Abhirup Nayak



**Dr Vasudha Jadhav**  
Topic: CRPS: Practical Diagnostic and Treatment Guidelines  
Time :10:20 - 10:30 am



**Dr Varshali Keniya**  
Topic: Evolving Concepts of Pain Management in Elderly Patients  
Time :10:30 - 10:40 am



**Dr Ashwini G S**  
Topic: Challenges in Paediatric Pain Management  
Time :10:40 - 10:50 am



**Dr Archana Deshpande**  
Topic: Persistent Pain After Joint Replacement  
Time :10:50 - 11:00 am



**Dr Swapnil Kumar Barasker**  
Topic: Treatment of Chronic Postamputation Pain with Bioelectric Nerve MIPSI's  
Time :11:00 - 11:10 am



**Dr Debesh Bhoi**  
Topic: Role of Splanchnic Nerve Ablation/Celiac Plexus Neurolysis (MIPSI's) in Pain Medicine  
Time :11:10 - 11:20 am

**Q&A 10 Mins**

## Session 3 I Time: 11:30 am - 1:00 pm

### Equipments in Pain Medicine

Chairpersons : Dr Murali Krishna Chava, Dr Mithilesh Kumar, Dr Poorna M S, Dr Sumita Kumar



**Dr Ravi Shankar Sharma**  
Topic: Radiofrequency Machine: Principles & Mechanism of Action of Various Radiofrequency Lesioning Machines  
Time:11:30 - 11:45 am



**Dr Samarjit Dey**  
Topic: Radio frequency Ablation - Cooled RFA vs Conventional RFA  
Time:11:45 - 12:00 pm



**Dr Smruti Rekha Hota**  
Topic: Cryo-ablation: Mechanism of action, indications and Contra-indications & its review of literature  
Time:12:00 - 12:15 pm



**Dr Bhaskar Patil**  
Topic: Dry needling: Mechanism of action, Indications and Contra-indications & its review of literature  
Time:12:15 - 12:30 pm



**Dr Chetana Chetan**  
Topic: Advances in Regenerative Medicine: High-density Platelet-rich Plasma and Stem Cell Prolotherapy for Musculoskeletal Pain  
Time:12:30 - 12:45 pm

**Q&A 15 Mins**

Lunch Break I Time: 1:00 - 2:00 pm

## Session 4

IAPM Session | Time: 2:00 - 3:30 pm

### Program 1: IAPM Young Innovators Forum

Duration: 60 Minutes

Theme: One Slide. One Idea. One Future Direction in Pain Medicine

Chairperson: Dean IAPM

Panel of Experts: Dr Gautam Das, Dr Kashinath Banger, Dr Sukhdeo Gupta, Dr Archana Deshpande, Dr Asha Barge, Dr Prateek, Dr Hitesh Patel

### Program 2: From Basics to Breakthroughs – Adopting Advanced Pain Procedures

Duration: 30 Minutes

Session: Panel Discussion | Interactive Mentorship Session

Moderator: Registrar, IAPM

Panelists: Dr Anurag Agarwal, Dr Manjiri Ranade, Dr Anshul Agarwal, Dr Kailash Kothari, Dr Swati Bhat



# SCIENTIFIC PROGRAMME

7<sup>th</sup> Feb, Saturday

Panoramic Hall-8<sup>th</sup> Floor

## E-Poster Presentations

Time: 11:00 - 01:00 pm

### E-Poster Presentation Guidelines

- Each poster will have a total time of 8 minutes
- 6 minutes for presentation
- 2 minutes for Q&A
- A total of 6 screens will be available.
- All posters will be divided into 6 groups and assigned to the screens accordingly.
- The top 4 selected posters Among all will be invited for Podium Presentation for Award on 8th February 2026 in Hall C.

### Podium Presentation Guidelines

- Total time: 15 minutes
- 12 minutes for PPT presentation (multiple slides)
- 3 minutes for Q&A

## Quiz Contest

7th February | Time: 3:45 - 5:00 pm

### Quiz Masters



Dr. Meera A N



Dr. Neha Kanojia



Dr. Randheer K Annaram

3:45 - 4:15 pm:

Kahoot app session (open for all participants)

Top 10 selected members will be shortlisted.

4:15 - 5:00 pm:

Participants will be divided into 5 groups

Each group will consist of 2 members.

General Body Meeting (GBM) | Time: 5:10 - 7:00 pm in Hall A

Banquet | Time: 7:00 pm Onwards



# SCIENTIFIC PROGRAMME

8<sup>th</sup> Feb, Sunday

Hall A

## Session 1 - Symposium I Time: 9:00-10:00 am

### Musculoskeletal Disorders

Management of Musculoskeletal Pain: An Update with Emphasis on Chronic Musculoskeletal Pain

Tea/Coffee Break I Time : 10:00 - 10:20 am

#### Moderator



Dr Vijay Bhaskar Bandikatla

#### Panelists



Dr Keerti Satish Pawar



Dr Anshul Taran



Dr Sanjog Mekenwar



Dr Satish Kumar



Dr Vikram Sonowane

## Session 2 I Time 10:30 am-12:30 pm

### Video Presentations of Procedures MIPSIs

Chairpersons :Dr.S Lavakumar Reddy,Dr Priyanka Mishra, Dr.Porika Sreedevi,Dr Nitika Goel



#### Dr Snehal Panchal

Topic: Fluoroscopic Guided Cervical Epidural & MBB MIPSIs

Time : 10:30-10:45 am



#### Dr Chandan Motwani

Topic: Fluoroscopic Guided Percutaneous Balloon Decompression of Trigeminal MIPSIs

Time:10:45-11:00 am



#### Dr Neeraj Jain

Topic: Fluoroscopic Guided Atlanto-Axial Joint MIPSIs

Time:11:00-11:15 am



#### Dr Manoj Shinde

Topic: Fluoroscopy Guided Trigeminal Ganglion RFA

Time:11:15-11:30 am



#### Dr Hammad Usmani

Topic: Fluoroscopic Guided Genicular Nerve MIPSIs For Chronic Knee Pain

Time:11:30-11:45 am



#### Dr Mithilesh Kumar

Topic: Fluoroscopic Guided Thoracic Facet Joint MIPSIs

Time: 11:45 -12:00 pm



#### Dr Nimisha Verma

Topic: Fluoroscopic Guided SI Joint Intervention MIPSIs

Time : 12:00-12:15 pm



#### Dr Pradeep Atter

Topic: Fluoroscopic Guided Transforaminal Epidural Steroid MIPSIs (Sub Pedicular & Kambin Approach)

Time:12:15-12:30 pm

Q&A 15 Mins

## Valedictory Function

Time :12:45-1:30 pm

Lunch 1:30 pm Onwards



# SCIENTIFIC PROGRAMME

8<sup>th</sup> Feb, Sunday

Hall B

## Session 1- Symposium I Time: 9:00-10:00 am Regenerative Medicine

A Systematic Review of Current Clinical Practice Guidelines on Intra-articular Hyaluronic Acid, Corticosteroid, and Platelet-Rich Plasma Injection MIPSI's or Knee Osteoarthritis

Moderator



Dr Minal Chandra

Panelists



Dr Kiruthika Balakrishnan



Dr Roshan Adappa



Dr Senthilprakash



Dr Nitika Goel

Tea/Coffee Break I Time : 10:00 - 10:20 am

## Session 2 I I Time 10:30 am-12:30 pm

Video Presentations of Procedures MIPSI's

Chairpersons :Dr Amarnath Reddy , Dr Apurv Mahale,Dr. Srilekha Rajendran, Dr Bhaskar Das



Dr Neerja Bharti

Topic: Ultrasound-Guided Truncal Fascial Plane Nerve Interventions MIPSI's  
Time:10:30-10:45 am



Dr Gauri Khurana

Topic: Ultrasound Guided Cervical Selective Nerve Root Block/ Median Branch MIPSI  
Time:10:45-11:00 am



Dr Debolina Ghosh

Topic: Ultrasound Guided Botulinum Toxin Injections in Myofascial Pain Disorders  
Time:11:00-11:15 am



Dr Tisha Ann Babu

Topic: Ultrasound-Guided Elbow Interventions MIPSI's  
Time:11:15-11:30 am



Dr Jyotsna Punj

Topic: Ultrasound-Guided Lumbar Sympathetic MIPSI  
Time:11:30-11:45 am



Dr Anup Dutta

Topic: Ultrasound-Guided Caudal Epidural MIPSI  
Time:11:45-12:00 pm



Dr Rituparna Das

Topic: Ultrasound-Guided Plantar Fascia Interventions MIPSI's  
Time:12:00-12:15 pm



Dr Bhuvna Ahuja

Topic: Ultrasound-Guided SI Joint MIPSI  
Time:12:15-12:30 pm

Q&A 15 Mins

Valedictory Function I Time :12:45- 1:30 pm in Hall A

Lunch 1:30 pm Onwards

8<sup>th</sup> Feb, Sunday

# SCIENTIFIC PROGRAMME

Hall C

## Session 1: Podium Presentation

Time: 9:00 -12:30 pm



## IMPORTANT INFORMATION

### Registration Desk & Badges

- The Registration Desk is located at the entrance of the venue.
- Registration Desk timings:
  - 6th Feb 2026: 07:00 – 18:00 hrs
  - 7th Feb 2026: 08:00 – 18:00 hrs
  - 8th Feb 2026: 08:00 – 11:00 hrs
- Delegates are requested to collect their conference badges during the designated hours.
- Badges are non-transferable.
- Delegates are kindly requested to wear their badges at all times during the conference, including:
  - Scientific sessions.
  - Within the venue premises
  - Official inaugural and banquet dinners
- This is to facilitate smooth access and security.

### Meals (Lunch)

- Two food courts are available for Delegates & Faculty:
- **Food Court 1:** Lower Ground Floor – Trade Area
- **Food Court 2:** 1st Floor – Opposite Hall C
- Delegates must wear their conference badges to enter the food courts.
- Non-registered spouses are requested to register as Accompanying Persons.
- Meal passes can be purchased from the Registration Counter.
- Delegates are kindly requested to cooperate with volunteers and move to another food court if one is at full capacity, to ensure smooth service for all.

### Inauguration & Banquet Dinner

#### Inauguration:

The Inauguration of ISSPCON 2026 will be held on 6th Feb 2026 @ 06:00 pm  
The Inauguration Ceremony will be followed by the Inaugural Dinner at Hall A

#### Banquet Dinner:

The Banquet Dinner of ISSPCON 2026 will be held on 7th Feb 2026 at Hall A after GBM  
Conference badges are mandatory for entry to the banquet venue.

## Conference Secretariat



### Dr Nagalaxmi Patnala, Dr Madhukar Goud

6-4-9, Krishna Nagar Colony, Bholakpur, Musheerabad,  
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